



CPR-1.0 [CPR Refresher Course](#)

Series/Catalog: General Industry Series

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Course Description: This course will give employees who have already been trained to perform CPR a review of CPR’s major procedures. Employees will review how CPR works, when CPR should be performed and how to properly perform it. This course is intended to assist the employer in meeting the standards of OSHA 29 CFR 1910.151. Employers may also consider the [Basic First Aid course](#).

Relevant Standards: OSHA 29 CFR 1910.151

Complexity/Difficulty: Level I (very easy)

Target Audience: This course is intended for general-industry or medical employees who have received CPR training in the past but want to revisit the subject.

Prerequisites: None

Competencies

To successfully complete this course, the Learner will demonstrate the ability to:

- CPR-1.1.0 Introduction and objectives
- CPR-1.2.0 Identify and define CPR
- CPR-1.3.0 Recognize when CPR is needed and describe appropriate response actions
- CPR-1.4.0 Identify and describe proper administration of rescue breathing
- CPR-1.5.0 Identify and describe proper administration of chest compressions

References: American Heart Association, Red Cross