



CSW-1.0 [Cold Stress in the Workplace](#)

Series/Catalog: General Industry Series

Linear Duration/min: 00:19:00 Origin Date: 01/08
Interactivity: Level II Last Update: 09/08
Supervising SME: Laura Belden

Course Description: Upon completion of this learning event, the learner will demonstrate knowledge of hazards associated with working in cold temperatures and how to minimize or eliminate those hazards. Employees will learn how to anticipate and identify the effects of cold stress and learn methods used to prevent it. This course is intended to aid the employer in meeting the requirements of the OSHA General Duty Clause of the OSHA Act. The employer may also be interested in the [Personal Protective Equipment course](#).

Relevant Standards: OSHA General Duty Clause Section 5(a)(1) of the OSHA Act

Complexity/Difficulty: Level I (very easy)

Target Audience: This course is intended for general-industry employees who, as part of their regular work duties, will be subject to cold weather conditions for significant periods of time.

Prerequisites: None

Competencies

To successfully complete this course, the Learner will demonstrate the ability to:

CSW-1.1.0	Introduction and objectives	
CSW-1.2.0	Recognize that cold stress can occur in certain workplace situations	0:04:44
CSW-1.3.0	Identify cold stress health effects and proper response	0:04:44
CSW-1.4.0	Identify methods that can prevent cold stress	0:04:11

References: Red Cross



SafetySkills™ Course Syllabus