



HSW-1.0 **Heat Stress in the Workplace**

Series/Catalog: General Industry Series

Linear Duration/min: 00:16:00 Origin Date: 01/08
Interactivity: Level II Last Update: 09/08
Supervising SME: Laura Belden

Course Description: Upon completion of this learning event, employees will demonstrate knowledge of hazards associated with working in high heat and how to minimize or eliminate those hazards. Employees will learn how to identify the hazardous health effects of high heat, methods to prevent those health effects and what to do if a co-worker exhibits symptoms of heat stress like heat fatigue, heat rash, heat cramps, heat exhaustion and heat stroke.

Relevant Standards:

Complexity/Difficulty: Level I (very easy)

Target Audience: This course is intended for employees who, during the course of regular work duties, are exposed to high-temperature outdoor conditions for significant periods of time.

Prerequisites: None

Competencies

To successfully complete this course, the Learner will demonstrate the ability to:

HWS-1.1.0	Introduction and objectives	
HWS-1.2.0	Recognize that heat stress can occur in certain workplace situations	0:03:26
HWS-1.3.0	Identify heat stress health effects and proper response	0:03:05
HWS-1.4.0	Recognize that determining heat stress load for different people is difficult	0:01:15
HWS-1.5.0	Identify the methods that can prevent heat stress	0:00:57
HWS-1.6.0	Recognize that there are means to control heat stress	0:02:10

References: