



**OGS 19.0**                      **Heat Stress for Oil and Gas**

Series/Catalog:                      Oil and Gas Safety Series

Linear Duration/min:              00:15:36                      Origin Date:    05/09  
Interactivity:                      Level II                      Last Update:    05/09  
Supervising SME:    Trey Greene

Course Description:              Upon completion of the learning event, the learner will display the ability to identify the causes of heat stress, the five graduated levels of heat disorder, and recommended first aid and prevention measures.

Relevant Standards:              OSHA’s Section 5 (a)(1) General Duty Clause

Complexity/Difficulty:            Level I (very easy)

Target Audience:                      Tailored for the oil and gas industry with appropriate examples and imagery, this course is intended for workers in the oil and gas industry who, in the course of their regular job duties, are required to work in high heat conditions.

Prerequisites:                      None

**Competency Statement**

To successfully complete this course, the Learner will demonstrate the ability to:

- OGS 19.2.0    Identify the causes of heat stress and the body’s natural temperature maintenance mechanisms                      01:25
- OGS 19.3.0    Identify the five graduated levels of heat stress and their appropriate first aid responses                      04:12
- OGS 19.4.0    Identify strategies for heat stress prevention                      02:10

References:    OSHA’s Section 5 (a)(1) General Duty Clause