



**OGS 20.0**                      **Cold Stress for the Oil and Gas Industry**

Series/Catalog:                      Oil and Gas Safety Series

Linear Duration/min:                      00:14:37                      Origin Date: 07/09  
Interactivity:                      Level II                      Last Update: 07/09  
Supervising SME:                      Trey Greene

Course Description:                      Upon completion of the learning event, the learner will display the ability to recognize the symptoms and effects of cold stress and identify cold stress prevention strategies.

Relevant Standards:                      OSHA’s General Duty Clause 5 (a)(1)

Complexity/Difficulty:                      Level I (very easy)

Target Audience:                      This course is designed for oil and gas industry employees who, during the course of their regular work duties, are required to work in cold conditions.

Prerequisites:                      None

**Competency Statement**

To successfully complete this course, the Learner will demonstrate the ability to:

OGS 20.2.0	Recognize that cold stress can occur in certain workplace situations	01:54
OGS 20.3.0	Identify cold stress health effects and proper response	03:57
OGS 20.4.0	Identify methods that can prevent cold stress	02:35

References:    “The cold stress equation.” OSHA pub. # 3156